

ChatPal

Digital Wellbeing Conversations



Hello I am
your
mental
wellbeing
assistant.

How can I help
you?



WELCOME TO CHATPAL

The ChatPal project will develop and trial chatbots to support and promote mental health and wellbeing.

The Chatpal team, together with healthcare professionals, technical experts and psychologists, will engage with people across the Northern Periphery and Arctic Programme Area to assess their needs and inform the design and development of the Chatbot.

The Chatbot technology will then measure its engagement, adoption and usefulness in supporting mental health and wellbeing.

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Partnership:

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Northern Ireland

University of Eastern Finland
Finland

Norrbottn Association of Local Authorities (NORB)
Sweden

Region Norrbotten (RN)
Sweden

Luleå University of Technology (LTU)
Sweden

NHS Western Isles (NHSWI)
Scotland

Action Mental Health (AMH)
Northern Ireland

Cork Institute of Technology (CIT)
Republic of Ireland

Health Innovation Hub Ireland (HIHI)
Republic of Ireland

Duration:

01/10/2019 - 30/09/2022

